Palliative Care Chat - News & Updates

Brought to you by the University of Maryland, Baltimore
Online Master of Science and Graduate Certificates in Palliative Care

Are you interested in earning your
Master of Science Degree or Graduate Certificate in Palliative Care?

If the answer is YES!, then what are you waiting for?

Apply Now!

Our program is 100% online!
Interested in learning more? Check out one of our Virtual Open Houses.

All disciplines welcome! But don't wait - get your application in before the Jul. 15 deadline!

Please check out our website - graduate.umaryland.edu/palliative
Have a question? Send us an e-mail or call us at 410.706.7255

Mar. is National Social Worker's Month!
Thank you to all our amazing Social Workers
Saturday, Mar. 30 is National Doctor's Day!
Special thanks to all physicians.

Would you like to learn more about the Online Master of Science and Graduate Certificate Program in Palliative Care?

Tune in to one of our Virtual Open Houses this spring:

- Tue, Apr. 30 at 1 p.m. (ET) and 9 p.m. (ET)
- Wed, Jun. 5 at noon (ET) and 9 p.m. (ET)
- Tue, Jul. 9 at noon (ET) and 9 p.m. (ET)

Have a question? Send us an e-mail or call us at 410.706.7255

Palliative Care Chat Podcast

Listen to our latest podcasts! In the latest episode of Palliative Care Chat, "Hospice and Palliative Care Services from the Veterans Affairs", Dr. Scott Shreve describes the Veterans Affairs approach to hospice and palliative care.

Big Winners!

Join me in congratulating our book drawing winners:

From the National Hospice and Palliative Care Organization's Interdisciplinary Conference 2018:
Mike Freeze, RN, BSN, CHPN
Director of Clinical Services, Northern Illinois Hospice

From CAPC National Seminar 2018:
Liane Chluls, Hospice and Palliative Care Inc.

Your faculty and students made an STELLAR showing at the AAHPM/HPNA Annual Assembly! Business was hopping at our exhibit as well! Check out all the cool things we did at the meeting below!

Dr. McPherson was excited to be a speaker at the Town Hall - here's what one participant said in their evaluation about this session -
“The speakers on the panel were the best I'd heard from in the entire conference. Their clinical information was great but additionally being able to insert at times a bit of humor and humanness, made it pleasant to listen to and easier to learn from.”

Brag Book

We always saw we have the MOST amazing faculty and students in the universe.

Read on to see where they've spoken, what they've published, and what they're doing.

Delia Chiaramonte MD (PALC 606 - Class of 2019)

Tara Coles, MD, FACEP (Class of 2020)

Patrick Coyne, MSN, ACHPN, ACNS-BC, FAAN, FPCN (PALC 615)
- Dahlin C, Coyne P. Palliative nursing leadership essentials. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.

Constance Dahlin, MSN, ANP-BC, ACHPN, FPCN, FAAN (PALC 601)
- Dahlin C, Coyne P. Palliative nursing leadership essentials. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.
- Seaman J, DeSanto-Madeya S, Fennimore L, Dahlin C. Innovative applications of ELNEC curriculum: 18 years equipping nurses to deliver palliative care in diverse care settings. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.
Orlando, FL.

- Roetall J, McPherson ML, Kamar M, Dahlin C. Critical conversations: Alternatives to opioids for managing pain in hospice and palliative care. Town Hall meeting at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.

Paul L. DeSandre, DO (PALC 607)

- DeSandre P, Kuntz J. Walking the tightrope: Palliative care and organ donation. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.

Sara Edwards, MD (Class of 2019)


Jessica Geiger-Hayes, PharmD, BCPS, CPE (Class of 2019)


Khaliah Johnson, MD (PALC 607)


Joanne Kuntz, MD, FACEP, FAAHPM (PALC 607)

- DeSandre P, Kuntz J. Walking the tightrope: Palliative care and organ donation. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.

Kasey Malotte, PharmD, BCPS (PALC 611)

- Malotte K. The negotiation: Managing the opioid tapering process. Oral presentation at California Society of Health-System Pharmacists (CSHP) Annual Seminar; Oct., 2018; San Diego, CA.

Mary Lynn McPherson, PharmD, MA, MDE, BCPS (PALC 601, 602, 605, 607, 612, 615, 617)

- McPherson ML, Walker KA, Vanson, VJ, Kutner JS, Prommer, E, McFarlin J. Deprescribing by the specialists: Best practices in drug therapy in serious illness. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.
- McPherson ML, Walker KA. Speed dating with the pharmacy ladies. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.
- McPherson ML, Davis MP. Calculating conversations about opioid conversions: Not your mama’s equianalgesic chart! Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.
- Roetall J, McPherson ML, Kamar M, Dahlin C. Critical conversations: Alternatives to opioids for managing pain in hospice and palliative care. Town Hall meeting at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.

Laura Tycon Moreines, RN, MSN, FNP-BC, ACHPN (PALC 601)

- Kavalieratos D, Tycon L, Chen E, Dellon EP. Inviting ourselves to the party: Cystic fibrosis as a model for implementing palliative care practice, research, and policy in ‘New Diseases’. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.

Jill Morgan, PharmD, BCPS, BCPPS (School of Pharmacy Department Chair)


Michelle Pearce, PhD (PALC 606)
Kirstin Springmeyer, M.Div, PBCC (Class of 2020)

Donna Stevens, MHA (PALC 609)
- Gualtieri-Reed T, Stevens D. Straddling Fee-for-Service and Value-Based Payment: Eight Ways to Keep Your Palliative Care Program Funded and Growing. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.

Martha L. Twaddle, MD, FACP, FAAHPM, HMDC (PALC 612)

Vincent Jay Vanston, MD, FAAHPM (PALC 605)

Kathryn Walker, PharmD, BCPS, CPE (PALC 610)
- McPherson ML, Walker KA. Speed dating with the pharmacy ladies. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.

Turner West, MTS, MPH (PALC 610)
- Driessen J, West T, Rodgers PE. Opportunities and implications of payment reform for serious illness care. Oral presentation at AAHPM/HPNA Annual Assembly; Mar. 2019; Orlando, FL.

Congratulations!

- Mary Bezak, BA (Class of 2020) got engaged.
- Delia Chiaramonte, MD (PALC 606 and Class of 2020) moved to Gilchrist/Greater Baltimore Medical Center as an Integrative/Palliative Physician at GBMC and the Director of Integrative Medicine for Gilchrist where she will be starting an Integrative Medicine program in the cancer center.
- Marcia Levetown, MD, FAAHPM (PALC 613) has joined Amazing Place on their Health Professional Advisory Council. Her daughter, Lisa Blum recently got engaged and will soon graduate with a Masters of Science in Information Security Policy and Management (Cybersecurity Management) from Carnegie Mellon.
- Susan Linzey, BSN, RN, CHPN (Class of 2021) welcomed her 10th grandchild on Jan. 11. Hello William David Elwell.
- Suzanne Mitchell, MD, MS (Class of 2020) published an article in the Annals of Family Medicine with colleagues back in May. The article about the desire for caring and human touch among patients and caregivers during care transitions was picked up by the Washington Post. The work was funded by PCORI - called Project ACHIEVE - the largest funded research on care transitions to date.
- Michelle Pearce, PhD (PALC 606) was interviewed for the article, "To Calm Down, Try 'Calming Up' Instead."
- Krissy Rooks, BSN (Class of 2020) accepted a new position with Morningstar Children and Family Services as Nurse Manager. The facility houses up to 50 children who are in the Georgia state custody and have been diagnosed with a mental disability.
- Cindy Scott, BSN, RN, OCN (Class of 2020) passed her CHPN exam in Dec. 2018.
- Alyson Thomas Yost, BSN (Class of 2020) successfully renewed her certification in Medical/Surgical Nursing (RN-BC) with the American Nursing Credentialing Center (ANCC) and adequately submitted and renewed her Hospice and Palliative Care Nursing Certification (CHPN) through the Hospice and Palliative Care Credentialing Center.

Samantha Hatfield, RN, PCCN (Class of 2021) recently took a pre-school getaway trip to Cabo San Lucas with her boyfriend.

Sara Edwards, MD (Class of 2019) presented at the Society of Critical Care Medicine this year in a Critical Care Cross Talk: New Insights, New Outlook, New Approaches to Palliative Care. She was accompanied by Kathleen Puntillo, RN, PhD, FAAN, FCCM, Professor Emeritus from UCSF and moderated by Roshni Sreedharan, MD Program Director, Critical Care Medicine and Professor of Anesthesiology from Cleveland Clinic.

Susan Nelson, RPh, BPharm (Class of 2020) was part of a MARQUIS study at the VA that looked at the importance of medication reconciliation upon hospital admission, they were the only Long Term Care facility in the study that looked at high risk patients with

Cindy Scott, BSN, RN, OCN (Class of 2020) was awarded the JoAnne Gould scholarship through her employer. JoAnne was the nursing manager on the oncology floor for many years. She was diagnosed with ovarian cancer and passed away a couple years ago at the age of 69.
What our Students are Saying!

In PALC 612, Advanced Disease State Management, we were discussing the importance of asking a patient “What’s one thing I can do for you right now?” knowing full well it might not be a medication. Dr. Delia Chiaramonte (PALC 606 and Class of 2019) responded: “I asked that very question a couple of weeks ago and the elderly woman with widely metastatic cancer said "I'd love a cup of coffee and a sweet." So I went to the coffee shop and got her a coffee and a sweet. I think it was the most important intervention that I offered any patient that whole day!"

Angela Hunner-Davis RN, BSN, WCC, DAPWCA (Class of 2019)....speaking about their Joint Commission Palliative Care Accreditation..."It has been a lot of hard work and my team did an amazing job...even with infection control and symptom management! I also wanted you to know that this program has helped me to be a better nurse, clinical director and hospice owner, so thank you for all that you do and for inspiring us to do better for palliative and hospice patients!"

"The assignments and activities are thought provoking and require deep understanding to apply what we have learned. I can see that much thought and preparation went into making these special. Thank you for this hard work and heart that you put into this preparation" - Anonymous

"After 8 years of enduring painful and swollen joints, handfuls of pills twice a day, radiofrequency ablations and more recently injections, severe MRSA, weight gain, muscle loss and skin cancers as complications of my treatment, my rheumatologist suggested not eating "nightshades" (tomatoes, eggplants, chilis of all sorts, bell peppers and white potatoes). The first 4 comprised a lot of my diet. After stopping them, I feel dramatically better and am slowly peeling off medications. Additionally, my husband has a severe soy allergy which causes a vasculitic rash, Raynaud's/skin loss and is not reversed with steroids or benadryl. TIDBIT: Do not forget food sensitivities when unusual symptoms do not respond to usual treatments." - Marcia Levetown, MD (PALC 613)

Want to join the fun?
Get started on your application today!