Palliative Care Chat - News & Updates

Brought to you by the University of Maryland, Baltimore
Online Master of Science and Graduate Certificates in Palliative Care

graduate.umaryland.edu/palliative/

Are you interested in earning your
Master of Science Degree or Graduate
Certificate in Palliative Care?

If the answer is YES!, then what are you waiting for?

Apply Now!

Our program is 100% online!
Interested in learning more? Check out one of our Virtual Information Sessions.

All disciplines welcome! But don't wait - get your application in before the Dec. 15 deadline for Spring 2020!

New Referral Program

Anyone who sends a referral, and they enroll in either a certificate or the MS, will receive a package of goodies. All your referral has to do is e-mail palliative@umaryland.edu with your name and once they submit their application we'll send you the goods! What could be easier than that?

Please check out our website - graduate.umaryland.edu/palliative
Have a question? Send us an e-mail or call us at 410.706.7255
Would you like to learn more about the Online Master of Science and Graduate Certificate Programs in Palliative Care?

Tune in to one of our Virtual Information Sessions: New Dates Coming Soon!

OR

View a recording from a previous information session.

Have a question? Send us an e-mail or call us at 410.706.7255

Palliative Care Chat Podcast

Listen to our most recent podcast!

Implementation of a Community Paramedicine Program in Hospice and Palliative Care.

Listen as Dr. McPherson interviews Christina McCurdy, RN, MS, director of inpatient care, nursing support services, crisis intervention care and Medicare care choices at Community Hospice and Palliative Care in Jacksonville, Florida.

Our Palliative Care Chat isn't the only awesome palliative care podcast series out there. Catch this interview titled, "The Future of Palliative Care: A Podcast with Diane Meier" brought to you by GeriPal, available here.

Congratulations!

Brag Book

We always saw we have the MOST amazing faculty and students in the universe.

Read on to see where they've spoken, what they've published, and what they're doing.

Patrick Coyne, MSN, ACHPN, ACNS-BC, FAAN, FPCN (PALC 615)
Constance Dahlin, MSN, ANP-BC, ACHPN, FPCN, FAAN (PALC 601)


Constance Dahlin, MSN, ANP-BC, ACHPN, FPCN, FAAN (PALC 601)

Jamie Goldberg, MSW, LCSW, ACHP-SW (PALC 603, 613)

Mary Lynn McPherson, PharmD, MA, MDE, BCPS (PALC 601, 602, 605, 607, 612, 615, 617)

Michelle Pearce, PhD (PALC 606)

Ashlei Lowery, MD (PALC 605, 611) took a new position with Aspire Health as the lead physician for Indiana and Illinois starting in June.

Martha L. Twaddle, MD, FACP, FAAHPM, HMDC (PALC 612) got an academic promotion and her Medical Director position was endowed and named by a family she has provided care over the years for 9 family members (yes, some by marriage!).

Theresa Liberatori’s, PhD, MSW, LCSW-C, ACHP-SW, CPLC (Class of 2021) son graduated Old Mill High School Summa Cum Laude, in the International Baccalaureate Diploma Programme. He will be attending the University of Maryland Honors Program in College Park to major in International Relations and double minor in International Development and Spanish.

Erin Hagar, MA, MFA won the University of Maryland, Baltimore Employee of the Month Award. Erin is a Senior Instructional Designer in the Graduate School who assists in creating our online courses. Thank you Erin for all your hard work and congratulations on your well-deserved award!


---

**Recipe**

**Fast Fiesta Chicken**
Shared by Elisabeth Smith, BSN, RN, CHPN (Class of 2020) - it is a fan favorite for her
This recipe can be prepared the night before and held in the fridge until morning.

**Ingredients:**
- 4-6 large chicken breasts
- 1 McCormick seasoning packet, "Fiesta Chicken" for slow cookers
- 1 Regular size bag of frozen corn
- 2 (14.5 oz.) Cans of diced tomatoes
- 1 Small can of Rotell diced tomatoes with green chilies
- 2 Cans of black beans - rinsed and drained

**Instructions:**
- Dump into the crockpot in this order:
  - Chicken Breasts
  - McCormick seasoning packet
  - Frozen corn
  - Diced tomatoes
  - Rotell diced tomatoes with green chilies
  - Black beans
- Cover and cook in crockpot for 8-10 hours.
- Prior to serving, use two large forks to shred chicken breasts into small shredded pieces (it will look like shredded pulled pork).
- Stir everything together to mix evenly.
- Serve on top of rice, macaroni noodles, or tortilla chips.
- Top with shredded cheese and sour cream.

Enjoy!

---

**Want to join the fun?**
Get started on your [application](mailto:palliative@umaryland.edu) today!

University of Maryland, Baltimore | MS in Palliative Care | 410.706.7255
palliative@umaryland.edu | [graduate.umaryland.edu/palliative/](graduate.umaryland.edu/palliative/)

STAY CONNECTED

[facebook](https://www.facebook.com) [twitter](https://twitter.com)

Visit our website [graduate.umaryland.edu/palliative](graduate.umaryland.edu/palliative)

---

Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free" "personalized" "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining!"