

Palliative Care Chat - News & Updates

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Online Master of Science and Graduate Certificates in Palliative Care

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OPIOID CONVERSION CALCULATIONS

It is often necessary to switch from one opioid to a different opioid, a different formulation, or a different route of administration.

STEPS INCLUDE:

1. Assess patient's pain complaint thoroughly; "is pain controlled (e.g., at goal)?"
2. Determine average total daily dose of current opioid use (long- and short-acting).
3. Set up ratio using equianalgesic equivalence chart, calculate new dose.
4. Individualize calculated dose based on patient assessment in step 1:
 - a. Starting with same opioid, but different route of administration:
 - pain controlled, use calculated dose
 - pain not controlled, increase dose (e.g., 20-30%)
 - b. Switching from one opioid to another opioid:
 - pain controlled, reduce calculated dose by 30-50%
 - pain not controlled, reduce calculated dose by less (e.g., 10-20%)
5. Monitor patient closely; adjust as needed.

SELECTED EQUIVALENCIES

opioid	PARENTERAL	ORAL
Morphine	10	15
Fentanyl		
Hydrocodone		
Hydromorphone		
Oxycodone	1	1.5
Oxycodone		

Example: Patient receiving long- and short-acting oral oxycodone on average 80 mg per day. Patient can no longer swallow tablets or capsules, pain is well controlled on this regimen. Switch to oral morphine solution, dosed q4h around the clock.

*2 mg oral morphine is equianalgesic to 1 mg oral oxycodone

*1 = 100 mg oral morphine

Reduce by 25-50% because switching opioids and pain was controlled, to oral morphine 50-75 mg daily. Ex. morphine 10 mg po q4h.

ONLINE MASTER OF SCIENCE AND GRADUATE CERTIFICATES IN PALLIATIVE CARE

What are you doing next week?

Are you attending the
[AAHPM Annual Assembly](#)
in Orlando, FL?

We are! So come see us at booth **322**
and receive the highly coveted **Opioid Conversion Card**, based on Dr. McPherson's book!

Come one, come all...come get your autographed copy!

Dr. McPherson will be signing the latest edition of her new book titled "Demystifying Opioid Conversion Calculations, 2nd Edition" on **Wednesday, March 13, 2019** during the Assembly Opening Reception from **6:00-6:30 p.m.**

EST!

Come see what our faculty and students are speaking about...

March 13, 2019

Deprescribing by the Specialists: Best Practices in Drug Therapy in Serious Illness (P05)

Mary Lynn McPherson, PharmD MA MDE BCPS CPE, University of Maryland School of Pharmacy

Kathryn A. Walker, PharmD BCPS CPE, Medstar Health, University of Maryland School of Pharmacy

Vincent Jay Vanston, MD FAAHPM, University of Pennsylvania Health System

Jean S. Kutner, MD MSPH, University of Colorado School of Medicine

Eric Prommer, MD HMDC FAAHPM, UCLA School of Medicine

Jessica McFarlin, MD, University of Kentucky College of Medicine

Palliative Nursing Leadership Essentials (P10)

Constance Dahlin, MSN ANP-BC ACHPN FPCN FAAN, Hospice and Palliative Nurses Association

Patrick Coyne, MSN ACNS-BC ACHPN FPCN FAAN, Medical University of South Carolina

March 14, 2019

Palliative APRN Fellowship Guidelines—A Strategy for Quality Specialty Practice: Report of the HPNA APRN Fellowship Council (TH300)

Constance Dahlin, MSN ANP-BC ACHPN FPCN FAAN, Hospice and Palliative Nurses Association

Dorothy Wholihan, DNP AGPCNP-BC ACHPN FPCN, NYU, College of Nursing

Marianne Johnstone-Petty, MSN FNP-C ACHPN, Providence Medical Group, AK

Interdisciplinary Team Training at the Art Museum: Breaking Down Hierarchy and Building Resilience (TH314)

Ali John Zarrabi, MD, Emory University School of Medicine

Gordon J. Wood, MD MSCI FAAHPM, Northwestern University, Feinberg School of Medicine

Paul L. DeSandre, DO, Grady Hospital/Emory University School of Medicine

Barbara Reville, DNP NP ACHPN, Dana-Farber Cancer Institute

Jane deLima Thomas, MD FAAHPM, Dana-Farber Cancer Institute

Laura J. Morrison, MD FAAHPM, Yale University School of Medicine

Marsha Joselow, MSW LCSW, Boston Children's Hospital

Bryan A. Brooks, BA, High Museum of Art, Atlanta

Walking the Tightrope: Palliative Care and Organ

Donation (TH333)

Paul DeSandre, DO, Grady Hospital/Emory University School of Medicine

Joanne Kuntz, MD FACEP FAAHPM, Emory University School of Medicine

Leslie Hunter-Johnson, APRN, Sunrise Hospital and Medical Center

Jason Lesandrini, MA, PhD(c), WellStar Health System

Myrick Shinall, MD PhD MDiv, Vanderbilt University Medical Center

Clinical Practice Guidelines for Quality Palliative

Care: The 4th Edition of the NCP Guidelines (TH360)

Gwynn Sullivan, MSN, National Coalition for Hospice and Palliative Care

Betty R. Ferrell, MA CHPN FAAN FPCN, City of Hope

Martha L. Twaddle, MD FACP FAAHPM HMDC, Northwestern Medicine

Opportunities and Implications of Payment Reform for Serious Illness Care (TH362)

Julie Driessen, PhD, University of Pittsburgh

Turner West, MPH, Bluegrass Care Navigators

Phillip E. Rodgers, MD FAAHPM, University of Michigan

The Untold Story of the Opioid Crisis: An Interdisciplinary Approach to Patients with Life- Limiting Complications of Opioid Addiction (TH365)

Britni Lookabaugh, MD, OhioHealth

Jessica Geiger-Hayes, PharmD, OhioHealth

Jill Yahner, MED LSW, OhioHealth

Rabbi Wendy H. Ungar, OhioHealth

Alan Murphy, PhD, OhioHealth

March 15, 2019

Speed Dating with the Pharmacy Ladies Pharmacotherapy SIG P

*Mary Lynn McPherson, PharmD MA MDE BCPS CPE, University of
Maryland School of Pharmacy*

*Kathryn A. Walker, PharmD BCPS CPE, Medstar Health, University of
Maryland School of Pharmacy*

The Role of Palliative Care in Complex-Decision Making Relating to Reversal of Advanced Cardiac Support Technology: A Case Report on Patient-Driven Permanent LVAD Decommissioning.

Oral Case Presentation - 3:15 - 3:30 p.m. (FR462B)

Tara Coles, MD, FACEP, Palliative Care Fellow, MedStar Washington Hospital

Center
Anirudh Rao, MD
Hunter Groninger, MD

Pediatric Concurrent Care: Where Are We Today? (FR408) P

Pediatric SIG endorsed

Khaliah Johnson, MD HMDC, Children's Healthcare of Atlanta
Nancy Hutton, MD FAAP FAAHPM, Johns Hopkins Hospital Children's Center
Kimberly A. Bower, MD DC HMDC FAAHPM, Rady Children's Hospital San Diego
Mary Tiso, RN, Gilchrist Hospice
Judi Lund Person, MPH CHC, National Hospice and Palliative Care Organization

Innovative Applications of ELNEC Curriculum: 18 Years Equipping Nurses to Deliver Palliative Care in Diverse Care Settings (FR413)

Jennifer Seaman, PhD RN, University of Pittsburgh School of Nursing
Susan DeSanto-Madeya, PhD MSN RN APRN, Boston College School of Nursing
Laura Fennimore, DNP RN, University of Pittsburgh
Constance Dahlin, ACHPN ANP FAAN FPCN, Hospice and Palliative Nurses Association

Inviting Ourselves to the Party: Cystic Fibrosis as a Model for Implementing Palliative Care Practice, Research, and Policy in 'New Diseases' (FR439) R Research SIG endorsed

Dio Kavalieratos, PhD, University of Pittsburgh
Laura Tycon, CRNP, University of Pittsburgh Medical Center
Elaine Chen, MD, Rush University
Elisabeth P. Dellon, MD MPH, University of North Carolina Chapel Hill

Bridging Troubled Waters: The Palliative Care Doula Model (FR470)

Judy Lentz, MSN RN
Thomas J. Smith, MD FAAHPM, Johns Hopkins University
Patrick Coyne, MSN ACNS-BC ACHPN FPCN FAAN, Medical University of South Carolina
Barbara A. Head, PhD CHPN FPCN, University of Louisville School of Medicine

Sandra C. Davenport, BS, Surviving Spouse

**Straddling Fee-for-Service and Value-Based
Payment: Eight Ways to Keep Your Palliative Care
Program Funded and Growing (FR473)**

Tom Gualtieri-Reed, MBA BA, Spragens & Associates LLC

Donna Stevens, MHA, Lehigh Valley Health Network

**Calculating Conversations About Opioid
Conversions: Not Your Mama's Equianalgesic Chart!
(FR475) A**

*Mary Lynn McPherson, PharmD CPE BCPS, University of Maryland School
of Pharmacy*

Mellar P. Davis, MD FCCP FAAHPM, Geisinger Medical Center

March 16, 2019

**New Drugs and Drug News: The 411 and Implications
for Palliative Care (SA505)**

*Mary Lynn McPherson, PharmD MA MDE BCPS CPE, University of
Maryland School of Pharmacy*

**Specialty Palliative APRN Practice Through Stateof-
the-Art Graduate Education: Report of the HPNA
Graduate Faculty Council (SA509)**

Mary Ersek, PhD RN FPCN, University of Pennsylvania School of Nursing

*Dorothy Wholihan, DNP AGPCNP-BC ACHPN FPCN, NYU College of
Nursing*

Clareen Wiencek, PhD ACNP-BC, University of Virginia School of Nursing

*Constance Dahlin, MSN ANP-BC ACHPN FPCN FAAN, Hospice and
Palliative Nurses Association*

Speed Dating for Kids 2.0 (SA522) P

Emma Jones, MD, Pediatric Advanced Care Team

*Mary Lynn McPherson, PharmD MA MDE BCPS CPE, University of
Maryland School of Pharmacy*

Jill Morgan, PharmD, University of Maryland School of Pharmacy

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