

Palliative Care Chat - News & Updates

Brought to you by the University of Maryland, Baltimore
Online Master of Science and Graduate Certificates in Palliative Care
Volume 2, Number 5

graduate.umaryland.edu/palliative/



Are you interested in earning your **Master of Science Degree or Graduate Certificate in palliative care**?

If the answer is **YES!**, then what are you waiting for?

[Apply Now!](#)

Our program is **100%** online!
The **spring 2019** semester begins on March 18*.

All disciplines welcome! But don't wait - get your application in before the Dec. 15 deadline!

*For new students - Current students, your semester begins Jan. 23.

Have a question? Send us an **[e-mail](#)** or call us at **410.706.7255**

Welcome New Students!

We welcomed **90** new students to the program in 2018! Here are a few comments on the program from our new students.

"I just want to say thank you for the approach you take with the class. You make it a rich learning experience while being approachable, relaxed, and making it fun. Not all teachers are cut from the same cloth. Your approach is the most effective method of teaching. You really make me feel supported even though we are on different coasts and have only 'met' briefly in a video conference to troubleshoot a

problem I was encountering."

Lisa Schneider (referring to a faculty member) - background in psychology, social behavior, nursing, and thanatology

"I believe we all bring something different to the group, which is exciting. I like hearing opinions from other disciplines (not all nursing). At the very beginning, I was a little nervous that I didn't choose an MSN program, but this confirms this is the perfect fit for me."

Alyson Yost, RN, reflecting on a group project she and classmates are beginning

"I'm thrilled that by participating in these activities and classes, I feel that I am now among a group of champions that can go out and spread the help and joy that these services can provide to families and patients."

Megan Mitchell, PharmD

"It is really hard to believe that this class is about half over. It is amazing to think about the knowledge I have gained, in many regards, in such a short time. Looking forward to the second half!"

Caroline Treat, RN

Don't you wish you were with them? You CAN be - [apply](#) by Dec 15th!

Would you like to learn more about the Online Master of Science and Graduate Certificate Program in Palliative Care?

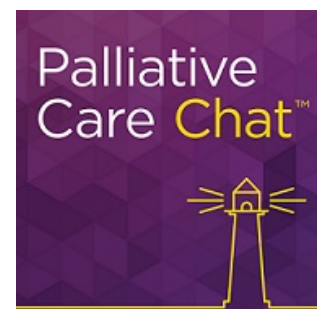
[Click HERE](#) to register for a Virtual Open House.

Tune in to one of our Virtual Open Houses this fall:

- Oct. 17 at noon (ET)
 - Oct. 17 at 8 p.m. (ET)
 - Nov. 15 at noon (ET)
 - Nov.15 at 9 p.m. (ET)
-

Palliative Care Chat Podcast

[Listen](#) to our latest podcasts! In this episode of Palliative Care Chat, program director Mary Lynn McPherson, PharmD, interviews Leah Sera, PharmD about their new publication "**Anticholinergic Burden in Hospice Patients with Dementia.**"



Dancing with the Stars

Did you know that students and faculty in this program hold a virtual conference every Thursday night, and a key opinion leader in the hospice and palliative care world leads a fascinating discussion? Just one more value-added service as part of this educational extravaganza! Students and faculty - here's the schedule for the remainder of this semester. Check your email for login info!

- **Sept. 27- Ashlei Lowery and Sarah Jenkins** (clinical health psychology)
- **Oct. 4 - Ryan Costantino** (management of delirium)
- **Oct. 11 - Kasey Malotte and Leah Sera** (what to do when medication fails)
- **Oct. 18 - Shirley Otis-Green** (enhancing advance care planning conversations)
- **Oct. 25 - Marcia Levettown** (clinical decision-making for never and no longer competent patients in the ICU)
- **Nov. 1 - Marguerite Russo** (certifications in palliative care)
- **Nov. 8 - Laura Moreines and Rachel Klinedinst** (IDT strategies for collaboration)
- **Nov. 15 - Laura Moreines and Maggie Root** (pediatric palliative care)
- **Nov. 29 - Carla Cheatham** (ethical emotional boundaries to protect patient and practitioner)
- **Dec. 6 - Connie Dahlin** (personal leadership in palliative care)
- **Dec. 13 - JoAnne Reifsnnyder, Pam Barrett and Donna Stevens** (hot topics in hospice and palliative care leadership)

Brag Book

We always say we have the **MOST** amazing faculty and students in the universe.

Read on to see where they've spoken, what they've published, and what they're doing.



Delia Chiamonte, MD (PALC 606 - Class of 2019)

- **Chiamonte, D.**, Kaiser A., McMath, G., Simone II, C. Regine, C., Berman, B. Integrative wellness for patients receiving proton therapy: A patient-centered collaboration. *J Altern Complement Med* 2018. doi:10.1089/acm.2018.0172

Patrick Coyne, MSN, ACHPN, ACNS-BC, FAAN, FPCN (PALC 615)

- Publication: Dahlin, C., **Coyne, P.**, Goldberg, J., Vaughn L. Palliative care leadership. *J Palliat Care*. Vol 20, No.10 2018, pp 1-8.
- Publication: Bosshardt, M., **Coyne, P.**, Marsden, J.; Su, Z., and Melvin, C. Palliative care consultation policy change and its effect on nurses' moral distress in an academic medical center. *J Hosp Palliat Nurs*, Vol. 20, #4 , August 2018, pp. 325-329.
- Publication: Dahlin C, **Coyne P.** The palliative APRN leader. *Ann Palliat Med* 2018. doi: 10.21037/apm.2018.06.03.

Constance Dahlin, MSN, ANP-BC, ACHPN, FPCN, FAAN (PALC 601)

- Publication: **Dahlin C.**, Coyne P. The palliative APRN leader. *Ann Palliat Med* 2018. doi: 10.21037/apm.2018.06.03.
- Publication: **Dahlin, C.**, Coyne, P., Goldberg, J., Vaughn L. Palliative care leadership. *J Palliat Care*. Vol 20, No.10 2018, pp 1-8.
- Taught at Physician Assisted Death at the September 2018 Harvard Medical School Practical Aspects of Palliative Care Course
- Appeared in CAPC Blog on the Cambia Health Foundation Sojourns Scholar Leadership Program

Jaime Goldberg, MSW, LCSW, ACHP-SW (PALC 603, 613)

- Publication: **Dahlin, C.**, Coyne, P., Goldberg, J., Vaughn L. Palliative care leadership. *J Palliat Care*. Vol 20, No.10 2018, pp 1-8.

Jessica Geiger-Hayes, PharmD, BCPS, CPE (Class of 2019)

- Presentation: McPherson ML, McPherson AL, Ferris F, **Geiger-Hayes J.** Palliative care bootcamp: you're in the army now! PainWeek, Las Vegas, NV, September 2018.
- Presentation: McPherson ML, McPherson AL, **Geiger-Hayes J.** Pain terminology: knowing the difference makes a difference. PainWeek, Las Vegas, NV, September

Anne Kelemen, MSW, LICSW (PALC 603, 614)

- Publication: **Kelemen, A.**, Groninger, H. Ambiguity in end-of-life care terminology – what do we mean by “comfort care?” *JAMA Intern Med.* 2018. doi:10.1001/jamainternmed.2018.4291.

Ashlei Lowery, MD (PALC 605, PALC 611)

- Authored palliative medicine content for Current MD Cardiology

Shirley Otis-Green, MSW, ACSW, LCSW, OSW-C (PALC 603)

- Publication: Glajchen, M., Berkman, C., **Otis-Green, S.**, Stein, G.L., Sedgwick, T., et al. Defining core competencies for generalist-level palliative care social work. *J Pain Symptom Manage.* 2018. doi.org/10.1016/j.jpainsymman.2018.09.002
- Presentation: Advance care planning: a critical role for social work. Social work Hospice and Palliative Care Network National Webinar. September 2018.
- Presentation: Palliative caring. Triage Cancer National Webinar, June 2018.
- Presentation: Advance care planning conversations for those facing end-of-life. Cal Optima Long-Term Care Workshop, Orange CA, June 2018.
- Presentation: Duncan, L., **Otis-Green, S.**, Let's talk: putting advance care planning into practice. Sansum Clinic Workshop, Santa Barbara, CA, May 2018.
- Presentation: Duncan, L., **Otis-Green, S.**, Let's talk: putting advance care planning into practice. Partnership Healthplan of California, ACP Coalition's Workshop, Fairfield, CA, May 2018.
- Presentation: Duncan, L., **Otis-Green, S.**, Let's talk: putting advance care planning into practice. Partnership Healthplan of California, ACP Coalition's Workshop, American Canyon, CA, January 2018.
- Curriculum Developer/Faculty: Advance care planning; palliative and end-of-life care; spirituality and oncology social work practice. University of Pennsylvania, Philadelphia, PA.
- Curriculum Developer: Advance certificate in oncology social work. School of Social Policy and Practice. University of Pennsylvania, Philadelphia, PA.
- Research Consultant: Expanding access to home-based palliative care through primary care medical groups. (PCORI-Funded Project, Susan Enguidanos, PhD, MPH, PI). USC Davis School of Gerontology University of Southern California.

Mary Lynn McPherson, PharmD, MA, MDE, BCPS (PALC 601, 602, 605, 607, 612, 615, 617)

- Award: Debra Sivesind Career Award for outstanding contributions to palliative care. MD Anderson.
- Presentation: **McPherson ML**, Gourlay D. Cannabis and cannabinoids: kissing cousins or good cop/bad cop? PainWeek, Las Vegas, NV, September 2018.
- Presentation: **McPherson ML**, McPherson AL, Geiger-Hayes J. Pain terminology: knowing the difference makes a difference. PainWeek, Las Vegas, NV, September 2018.
- Presentation: **McPherson ML**, Gourley D. Working with buprenorphine and methadone: Lipstick on the pig? Or mama's got a brand new page? PainWeek, Las Vegas, NV, September 2018.
- Presentation: **McPherson ML**. Plan before you leap! Instructional design for clinicians. PainWeek, Las Vegas, NV, September 2018.
- Presentation: Opioid conversion calculations. PainWeek, Las Vegas, NV, September 2018.
- Presentation: **McPherson ML**, McPherson AL, Ferris F, Geiger-Hayes J. Palliative care bootcamp: You're in the army now! PainWeek, Las Vegas, NV, September 2018.
- Poster: Sera L, Tucker S, **McPherson ML**. Effect of a study skills course on student self-assessment of learning skills and strategies. American Association of Colleges of Pharmacy Annual Meeting, Boston, MA, July 2018.
- Poster: Sera L, Morgan J, **McPherson ML**. Are pediatric patients just short adults? Most commonly prescribed drugs for hospice patients. PainWeek 2018, Las Vegas, NV, September 2018.
- Poster: Klingman A, Sera L, **McPherson ML**. Prescribing trends for patients with amyotrophic lateral sclerosis. PainWeek 2018, Las Vegas, NV, September 2018.
- Publication: Williams A, Sera L, **McPherson ML**. Anticholinergic burden in

hospice patients with dementia. *Am J Hospice and Pall Med* 2018.

- Publication: **McPherson ML**. Demystifying opioid conversion calculations: a guide for effective dosing, 2nd ed. ASHP, Bethesda, MD, 2018. FINALLY!

Leah Sera, PharmD, MA, BCPS (PALC 611)

- Poster: **Sera L**, Tucker S, McPherson ML. Effect of a study skills course on student self-assessment of learning skills and strategies. American Association of Colleges of Pharmacy Annual Meeting, Boston, MA, July 2018.
- Poster: **Sera L**, Morgan J. Are pediatric patients just short adults? Most commonly prescribed drugs for hospice patients. PainWeek 2018, Las Vegas, NV, September 2018.
- Poster: Klingman A, **Sera L**, McPherson ML. Prescribing trends for patients with amyotrophic lateral sclerosis. PainWeek 2018, Las Vegas, NV, September 2018.
- Publication: Williams A, **Sera L**. Anticholinergic burden in hospice patients with dementia. *Am J Hospice and Pall Med* 2018.

Ann Supplee, MiD (Class of 2020)

- Presentation: Mindful breathing, mindful listening. ALS Association, Fort Worth TX, September, 2018.
- Presentation: Mindfulness in your own tradition. ALS Association, Fort Worth TX, September 2018.

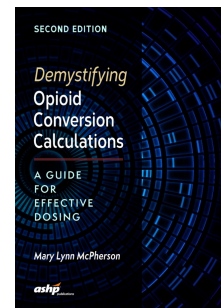
Martha Twaddle, MD (PALC 612)

- Co-chair of the Steering Committee for the 4th Ed. of the Clinical Practice Guidelines for Quality Palliative Care. National Consensus Project for Quality Palliative Care.
- Lake Forest passed The Joint Commission Survey; the only hospital in the Northwestern System that has been certified by TJC in Palliative Care (and for the third time to boot!).
- Selected to receive the Lifetime Achievement Award from the American Academy of Hospice & Palliative Medicine in March 2019. **THIS IS AMAZING!!**

At Long Last! The Baby is Born!

At long last! Publication of the second edition of "*Demystifying Opioid Conversion Calculations, A Guide for Effective Dosing*" by Dr. Mary Lynn McPherson!

Available at [Amazon](#) or from the publisher, [ASHP](#).



Delia Chiamonte, MD (PALC 606 - Class of 2019) Joined Gilchrist/Greater Baltimore Medical Center's (GBMC) inpatient palliative care team, and she's starting an integrative palliative care program in the GBMC cancer center. Congratulations Dr. Chiamonte!

Andy Arwari, MD, FACP, SFHM (Class of 2020) Passed the Hospice Medical Director Certification board exam, and was also promoted to associate chief medical officer for Carle Healthcare System in Urbana, IL. Congratulations Dr. Arwari!





Dr. Ashlei Lowery (PALC 605 and PALC 611) and her family moved to the northern suburbs of Indianapolis recently (see son giving his mother a heart attack when he jumped out of a moving box!).



Dr. Lowery squeezed in a trip to Sante Fe with friends that included rafting the Rio Grande, visiting the Taos Pueblos (pic), and eating her weight in hatch green chili's. :)

Congratulations!!

Happy Anniversary to **Dr. Lapman Lun** (Class of 2019) and his lovely wife! 23 years and counting! Congratulations!



The spring 2019 semester is right around the corner.
Get started on your [application](#) today!

University of Maryland, Baltimore | MS in Palliative Care | 410.706.7255
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STAY CONNECTED



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