Are you interested in earning your Master of Science Degree or Graduate Certificate in palliative care?

If the answer is YES!, then what are you waiting for?

Apply Now!

Our program is 100% online!
The spring 2019 semester begins on March 18*.

All disciplines welcome! But don't wait - get your application in before the Dec. 15 deadline!

*For new students - Current students, your semester begins Jan. 23.

Have a question? Send us an e-mail or call us at 410.706.7255

Welcome New Students!

We welcomed 90 new students to the program in 2018! Here are a few comments on the program from our new students.

"I just want to say thank you for the approach you take with the class. You make it a rich learning experience while being approachable, relaxed, and making it fun. Not all teachers are cut from the same cloth. Your approach is the most effective method of teaching. You really make me feel supported even though we are on different coasts and have only 'met' briefly in a video conference to troubleshoot a
Lisa Schneider (referring to a faculty member) - background in psychology, social behavior, nursing, and thanatology

'I believe we all bring something different to the group, which is exciting. I like hearing opinions from other disciplines (not all nursing). At the very beginning, I was a little nervous that I didn't choose an MSN program, but this confirms this is the perfect fit for me."

Alyson Yost, RN, reflecting on a group project she and classmates are beginning

"I'm thrilled that by participating in these activities and classes, I feel that I am now among a group of champions that can go out and spread the help and joy that these services can provide to families and patients."

Megan Mitchell, PharmD

"It is really hard to believe that this class is about half over. It is amazing to think about the knowledge I have gained, in many regards, in such a short time. Looking forward to the second half!"

Caroline Treat, RN

Don't you wish you were with them? You CAN be - apply by Dec 15th!

Would you like to learn more about the Online Master of Science and Graduate Certificate Program in Palliative Care?

Tune in to one of our Virtual Open Houses this fall:

- Oct. 17 at noon (ET)
- Oct. 17 at 8 p.m. (ET)
- Nov. 15 at noon (ET)
- Nov.15 at 9 p.m. (ET)

Palliative Care Chat Podcast

Listen to our latest podcasts! In this episode of Palliative Care Chat, program director Mary Lynn McPherson, PharmD, interviews Leah Sera, PharmD about their new publication "Anticholinergic Burden in Hospice Patients with Dementia."

Dancing with the Stars

Did you know that students and faculty in this program hold a virtual conference every Thursday night, and a key opinion leader in the hospice and palliative care world leads a fascinating discussion? Just one more value-added service as part of this educational extravaganza! Students and faculty - here's the schedule for the remainder of this semester. Check your email for login info!
Brag Book

We always say we have the MOST amazing faculty and students in the universe.

Read on to see where they've spoken, what they've published, and what they're doing.

Delia Chiaramonte, MD (PALC 606 - Class of 2019)

Patrick Coyne, MSN, ACHPN, ACNS-BC, FAAN, FPCN (PALC 615)

Constance Dahlin, MSN, ANP-BC, ACHPN, FPCN, FAAN (PALC 601)
- Taught at Physician Assisted Death at the September 2018 Harvard Medical School Practical Aspects of Palliative Care Course
- Appeared in CAPC Blog on the Cambia Health Foundation Sojourns Scholar Leadership Program

Jaime Goldberg, MSW, LCSW, ACHP-SW (PALC 603, 613)

Jessica Geiger-Hayes, PharmD, BCPS, CPE (Class of 2019)
Anne Kelemen, MSW, LICSW (PALC 603, 614)

Ashlei Lowery, MD (PALC 605, PALC 611)
- Authored palliative medicine content for Current MD Cardiology

Shirley Otis-Green, MSW, ACSW, LCSW, OSW-C (PALC 603)
- Presentation: Advance care planning conversations for those facing end-of-life. Cal Optima Long-Term Care Workshop, Orange CA, June 2018.
- Presentation: Duncan, L., Otis-Green, S., Let’s talk: putting advance care planning into practice. Partnership Healthplan of California, ACP Coalition’s Workshop, American Canyon, CA, January 2018.
- Curriculum Developer/Faculty: Advance care planning; palliative and end-of-life care; spirituality and oncology social work practice. University of Pennsylvania, Philadelphia, PA.
- Research Consultant: Expanding access to home-based palliative care through primary care medical groups. (PCORI-Funded Project, Susan Enguidanos, PhD, MPH, PI). USC Davis School of Gerontology University of Southern California.

Mary Lynn McPherson, PharmD, MA, MDE, BCPS (PALC 601, 602, 605, 607, 612, 615, 617)
- Award: Debra Sivesind Career Award for outstanding contributions to palliative care. MD Anderson.
- Publication: Williams A, Sera L, McPherson ML. Anticholinergic burden in

- **Publication:** McPherson ML. Demystifying opioid conversion calculations: a guide for effective dosing, 2nd ed. ASHP, Bethesda, MD, 2018. **FINALLY!**

**Leah Sera, PharmD, MA, BCPS** (PALC 611)

**Ann Supplee, MiD** (Class of 2020)
- **Presentation:** Mindful breathing, mindful listening. ALS Association, Fort Worth TX, September, 2018.
- **Presentation:** Mindfulness in your own tradition. ALS Association, Fort Worth TX, September 2018.

**Martha Twaddle, MD** (PALC 612)
- Lake Forest passed The Joint Commission Survey; the only hospital in the Northwestern System that has been certified by TJC in Palliative Care (and for the third time to boot!).
- Selected to receive the Lifetime Achievement Award from the American Academy of Hospice & Palliative Medicine in March 2019. **THIS IS AMAZING!!**

---

**At Long Last! The Baby is Born!**

At long last! Publication of the second edition of "*Demystifying Opioid Conversion Calculations, A Guide for Effective Dosing*" by Dr. Mary Lynn McPherson!

Available at [Amazon](https://www.amazon.com) or from the publisher, [ASHP](https://www.ashp.org).

---

**Delia Chiaramonte, MD** (PALC 606 - Class of 2019) Joined Gilchrist/Greater Baltimore Medical Center’s (GBMC) inpatient palliative care team, and she’s starting an integrative palliative care program in the GBMC cancer center. Congratulations Dr. Chiaramonte!

**Andy Arwari, MD, FACP, SFHM** (Class of 2020) Passed the Hospice Medical Director Certification board exam, and was also promoted to associate chief medical officer for Carle Healthcare System in Urbana, IL. Congratulations Dr. Arwari!
Dr. Ashlei Lowery (PALC 605 and PALC 611) and her family moved to the northern suburbs of Indianapolis recently (see son giving his mother a heart attack when he jumped out of a moving box!).

Dr. Lowery squeezed in a trip to Sante Fe with friends that included rafting the Rio Grande, visiting the Taos Pueblos (pic), and eating her weight in hatch green chilli's. :)

Congratulations!!

Happy Anniversary to Dr. Lapman Lun (Class of 2019) and his lovely wife! 23 years and counting! Congratulations!

The spring 2019 semester is right around the corner. Get started on your application today!

University of Maryland, Baltimore | MS in Palliative Care | 410.706.7255
palliative@umaryland.edu | graduate.umaryland.edu/palliative/

STAY CONNECTED

Visit our website