

## Palliative Care Chat - News & Updates

Brought to you by the University of Maryland, Baltimore  
Online Master of Science and Graduate Certificates in Palliative Care  
Volume 2, Number 3

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Are you interested in earning your [Master of Science Degree, or Graduate Certificate in Palliative Care?](#)

If the answer is **YES!**, then what are you waiting for?

[Apply Now!](#)

Our program is **100%** online!

The **fall 2018** semester begins on Aug. 27.

All disciplines welcome! But don't wait - get your application in before the **July 15** deadline!

Have a question? Send us an [e-mail](#) or call us at **410.706.7255**

### Palliative Care Chat Podcast

[Listen](#) to our latest podcasts! In this episode of Palliative Care Chat, titled, "**Short Stay Syndrome: Why it Happens, and What Hospices can do About it,**" program director [Mary Lynn McPherson, PharmD](#) interviews **Jennifer Kennedy, BSN, MA, EdD**, senior director of regulatory and quality affairs at the **National Hospice and Palliative Care Organization**, about "Short Stay Syndrome," including why it happens and what hospices can do about it.



**Student Testimonial's**

## Check out the wonderful quotes from two of our current students! How can you pass this up?

"I must commend both of you [coursemanagers] for being so present throughout the course. I think this was by far the most enjoyable course for me. I loved the structure. The use of the CAPC courses to complement the learning material was a superb idea. I also enjoyed the group work, and the way the questions that followed were laid out. It was very obvious that the cases were well thought out, as they were a culmination of some materials encountered before. I am also constantly encouraged to look within for strategic solutions to challenges involving persons needing palliative and hospice attendance. You both also provided timely and reflective updates to posts, further encouraging introspection. Thanks to both of you again for making this a WONDERFUL course. I am sure this testimony is a reflection of most, if not all, of the students who took this class."

**Chrystal Antoine-Frank, MD (Class of 2019)**

**Tobago Regional Health Authority, Tobago**

**PALC 605-Symptom Management in Advanced Illness, taught by Drs. Lynn McPherson and Ashlei Lowery**

"As a practicing palliative care physician assistant for almost three years, it was without hesitation that I decided to go back to graduate school to pursue a second Master's degree in this specialty. Knowing that I had a true passion for palliative care beyond clinical knowledge, I applied for and have begun this program. It has opened my eyes and I am looking forward to each class and assignment. Although I have a solid foundation already, it is wonderful to see things beyond the "medical." With these skills and resources, I have already implemented new ideas and projects within my own palliative care team and my colleagues anxiously await new ideas and resources. As with life in general, it takes a village and with palliative care there's a reason to have a team and to keep our knowledge base strong! This Master's program leaves me with no regrets and I am so grateful to be a part of this!"

**Ryan Baldeo, PA (Class of 2020)**

**Mayo Clinic, MN**

**PALC 601-Principles and Practice of Hospice and Palliative Care, taught by Connie Dahlin, Larua Tycon Moreines and Dr. Lynn McPherson**

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## Brag Book

We always say we have the **MOST** amazing faculty and students in the universe.

Read on to see where they've spoken, what they've published and what they're doing.



**Kenneth Scott Guess, Pharm.D., MS Pharm., RPh., APh., DAIPM (Class of 2019)**

- Scott Guess is pleased to announce that he will be continuing his palliative pain care practice under the supervision of Margaret Aranda, MD of Calabasas, Calif. Dr. Aranda is a board-certified Anesthesiologist [and will be continuing the care of some patients who were previously seen at the Veract Clinic]. Drs. Aranda and Guess look forward to making a difference for good in a patient-centered practice.

**Mary Lynn McPherson, PharmD, MA, MDE, BCPS** (PALC 601, 602, 605, 607, 612, 615, 617)

- Award - 2018 Maryland Pharmacists Association's Cardinal Health Generation Rx Champions Award (for a pharmacist who has demonstrated outstanding commitment to raising awareness of the dangers of prescription drug abuse among the general public and among the pharmacy community).
- Presentation – "Magical mystical, mischievous methadone: She's a naughty kitten but worth it!" Florida Hospice & Palliative Care Association 2018 Forum. May 2018, Orlando, FL.
- Presentation – **McPherson ML**, Sanchez A. Grand Rounds: "What put the "Special" in Special K? The role of ketamine in difficult pain syndromes." Florida Hospice & Palliative Care Association 2018 Forum. May 2018, Orlando, FL.
- Presentation – "Supporting informal caregivers in medication management." Florida Hospice & Palliative Care Association 2018 Forum. May 2018, Orlando, FL.
- Presentation – Felten N, Maxwell T, **McPherson ML**. "Medical marijuana and its use in hospice and palliative care." NHPCO Management and Leadership Conference and Advocacy Intensive. Washington, DC, April 2018.
- Presentation – **McPherson ML**. "Taking care of business without losing the business! There's a drug for that!" NHPCO Management and Leadership Conference and Advocacy Intensive. Washington, DC, April 2018.
- Presentation – McPherson AL, **McPherson ML**. "Managing cancer pain: Effective conversations with prescribers." Hopewell Cancer Support, Lutherville, MD, May 2018.
- Presentation – "This patient's on fire! Stop, drop, and roll out effective medication regimens!" Palliative Care Grand Rounds, Thomas Jefferson University Hospital. Philadelphia, PA, May 2018.
- Publication – Davis MP, **McPherson ML**, Mehta Z, Fernandez C. "What parenteral opioids to use in face of shortages of morphine, hydromorphone and fentanyl." American Journal of Hospice and Palliative Medicine 2018. E-pub before print.
- Publication – Davis MP, Fernandez C, Regel S, **McPherson ML**. "Does nalbuphine have a niche in managing pain?" Journal of Opioid Management 2018;14(2):143-151.

**Donna Stevens, MHA** (PALC 609)

- Received her Master of Healthcare Administration from Moravian College on May 12, 2018. Congratulations Ms. Stevens!

**Jessica Geiger-Hayes, PharmD, BCPS, CPE** (Class of 2019)

- **Geiger-Hayes J**, Burns B, Poth A et. al. "Is the fear of respiratory depression with opioids justified?" Poster presentation at: European Association of Palliative Care; 24-26 May 2018; Bern, Switzerland. (Pictured below)
- Welcomed a new puppy into her home! Meet three-month old Charlie, our newest and cuddliest addition. (Pictured below)

**Mary Lynn McPherson, PharmD, MA, MDE, BCPS** (PALC 601, 602, 605, 607, 612, 615, 617) I was very proud to attend the graduation of my niece, Kelsey Fetcher, MD from Wake Forest Medical School in May. She is pictured here with my sister, Andrea Fletcher, PharmD, and in the other picture with my daughter Alex McPherson, PharmD, and her husband Pat! Congrats Kelsey! Off to Penn Medical in Hershey for a surgical residency. She wants to be a trauma surgeon!



**Jessica Geiger-Hayes, PharmD, BCPS, CPE  
(Class of 2019)**

The cutie pie on the right is Charlie, their 3 month old pup!



**Jessica Geiger-Hayes, PharmD, BCPS, CPE  
(Class of 2019)** presents her poster at the European Association for Palliative Care meeting in Switzerland! Pictured with her co-authors:

- Frank Ferris, MD
- Britni Lookabaugh, MD
- Briana Burns, MPH
- Charles vonGunten, MD, PhD
- Jessica Geiger-Hayes, PharmD, BCPS, CPE



**Kristienne Rooks (Class of 2020)**

Rescued a 10 year old pony and a four year old horse, pictured on the right, from Moore's Equine Rescue in Lebanon Pennsylvania. Both of these beautiful horses will be placed in their new forever homes after a 30-day rest and relaxation

period. Krissy's own horse, Mickey, is pictured below.



**The fall 2018 semester is right around the corner!  
Get started on your [application](#) today!**

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Create a great offer by adding words like "free" "personalized" "complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining!"